

CROSS COUNTRY COACH

All Coaches:

- 1) Hold current CPR & AED certification.
- 2) Hold current First Aid certification.
- 3) Complete state mandated and approved concussion course.
- 4) All outdoor coaches must attend the Rutgers' Safety course (only once).
- 5) Compile eligibility lists to include permission slips, medical clearance & academic eligibility.
- 6) Conduct tryouts so that there is equal opportunity for all students in grades 6-8 to participate.
- 7) Plan, administrate, and evaluate your sport in a manner consistent with the philosophy of the program.
- 8) Supervise the conduct of players during practices, trips and contests.
- 9) Uphold conditions set forth in the athletic sport contract.
- 10) Submit squad rosters to the Athletic Coordinator, front office staff and BCMS teachers.
- 11) Submit daily attendance records to the front office staff.
- 12) In coordination with the Athletic Coordinator, create and maintain an academic eligibility List throughout the season.
- 13) Distribute, record, collect and inventory equipment for your sport.
- 14) Meet the schedule of contests established by the Athletic Coordinator.
- 15) Hold daily practices (including indoor practices when space is available).
- 16) Submit a post-season report to the Athletic Coordinator on your sport. Include recommendations, need for additional equipment and potential trouble areas.
- 17) Prepare a budget for your sport with needed materials.
- 18) Keep adequate records of contests and performance for your sport.
- 19) Attend the 8th grade awards ceremony to present your teams' award(s).
- 20) Maintain a proper professional relationship with the faculty and student body and all public relations outlets.

Coaching Time Requirements:

Fall season (boys' and girls' cross country teams) – September through October

BOARD APPROVED: May 22, 2014